

FILE

317-pp

UNITED STATES DISTRICT COURT
EASTERN DISTRICT OF MICHIGAN
SOUTHERN DIVISION

ANDREA SMITH, ETC.,

Plaintiff,

v.

BOTSFORD GENERAL HOSPITAL,
ETC.,

Defendant.

HONORABLE AVERN COHN

No. 00-71459

FILED

MAY 8 2003

JURY TRIAL - VOLUME V - EXCERPT

Monday, April 14, 2003

CLERK

U.S. DISTRICT COURT

EASTERN DISTRICT OF MICHIGAN

Appearances:

Geoffrey N. Fieger
Fieger, Fieger & Kenney
19390 West Ten Mile Road
Southfield, Michigan 48075
(248) 355-5555

Marc Lipton
Lipton Law Center, P.C.
18930 West Ten Mile Road
Southfield, Michigan 48075
(248) 557-1688
Attorneys for Plaintiff

Linda M. Galbraith
Jon Feikens
Feikens, Stevens, Kennedy
660 Woodward Avenue, #700
Detroit, Michigan 48226
(313) 962-5909
Attorneys for Defendant

Sheri K. Ward, Official Court Reporter
Theodore Levin United States Courthouse
231 West Lafayette Boulevard, Room 219
Detroit, Michigan 48226
(313) 965-4401

Proceedings recorded by mechanical stenography.
Transcript produced by computer-aided transcription.

152

*Jury Trial
Mon., 4-14-03/Vol. V/Excerpt*

I N D E X

<u>Plaintiff's Case in Chief</u>	<u>Page</u>	<u>Vol.</u>
James Sapala, M.D.		
Direct Examination By Mr. Fieger:	3	1
Certification of Reporter	36	
- - -		

Jury Trial
Mon., 4-14-03/Vol. V/Excerpt

3

1 Detroit, Michigan

2 | Monday, April 14, 2003

3 - - -

4 (Beginning of excerpt.)

6 JAMES SAPALA, M.D.,

7 being first duly sworn by the Court to tell
8 the truth, was examined and testified upon his
9 oath as follows:

10 THE COURT: Take that seat.

11 | Go ahead.

12 MR. FIEGER: Thank you, Your Honor.

13 THE COURT: Move the lectern over to the center.

14 MR. FIEGER: Yes, sir. Is that okay, Your Honor?

15 Good morning, ladies and gentlemen.

16 THE JURORS: Good morning.

17 | - -

DIRECT EXAMINATION

19 BY MR. FIEGER:

20 Q. Dr. Sapala, could you please state your name for the
21 Court and jury, please?

22 A. Yes. James Andrew Sapala.

23 Q. And, Dr. Sapala, do you practice a profession?

24 A. Yes, I do.

25 Q. What is that profession, sir?

James Sapala, M.D. - Direct
Mon./4-14-03/Vol. V

4

1 A. Bariatric surgery.

2 Q. And is that surgery a part of another specialty within
3 medicine? Is that a subspecialty of another specialty
4 within medicine?

5 A. Yes, it is.

6 Q. What is that a subspecialty of?

7 A. General surgery.

8 Q. All right. How long have you been practicing the
9 profession of general surgery?

10 A. 25, 30 years.

11 Q. And where do you practice, sir?

12 A. In the City of Detroit.

13 Q. Where?

14 A. At St. John Detroit Riverview Hospital and the DMC,
15 Detroit Medical Center.

16 Q. Do you practice only within hospitals or do you have a
17 private practice and place your patients in the hospital for
18 surgery?

19 A. I have a private practice and place my patients in the
20 hospital for surgery.

21 Q. What is your practice known as, if you could tell us?

22 A. It is known as the Cory Centers for Obesity-Related
23 Illnesses.

24 Q. Where do you maintain offices, sir?

25 A. I have an office in Jackson, Michigan, and an office in

James Sapala, M.D. - Direct
Mon./4-14-03/Vol. V

5

1 Warren, Michigan.

2 Q. I apologize, Doctor. Presently where are you on staff,
3 at which hospitals? I know you said.

4 A. At the Detroit Medical Center and St. John Detroit
5 Riverview.

6 Q. In the past have you also maintained privileges at
7 other area hospitals?

8 A. Yes, I have at St. John Oakland Hospital.

9 Q. Very good.

10 Doctor, were you the treating physician of
11 Kelly Snyder Smith?

12 A. Yes, I was.

13 Q. When I say treating -- I said treating physician, but
14 would you describe to the Court and the jury the
15 circumstances under which you became the treating physician
16 for --

17 THE COURT: I don't think he ever defined
18 bariatric.

19 MR. FIEGER: I would be glad to do that, too. I
20 was going to do that.

21 BY MR. FIEGER:

22 Q. Tell the Court and jury, please, what it means to be a
23 bariatric surgeon as a subspecialty of general surgery?

24 A. A bariatric surgeon is a surgeon who operates on
25 patients who suffer from a condition known as morbid

James Sapala, M.D. - Direct
Mon./4-14-03/Vol. V

6

1 obesity, and morbid obesity is defined as being 100 pounds
2 over one's ideal body weight, and as a consequence of being
3 overweight developing a medical condition or what is
4 so-called comorbidity that could be potentially life
5 threatening. For example, high blood pressure, diabetes,
6 degenerative joint disease, chronic difficulties breathing,
7 a whole host of medical illnesses related to the weight
8 gain. The surgical treatment for morbid obesity is
9 bariatric surgery. So rather than treating them with pills
10 or with exercise or a specific diet regimens -- we use those
11 modalities, but then we intervene with surgery to get the
12 weight down.

13 Q. How long have you been practicing the subspecialty of
14 bariatric surgery?

15 A. Purely bariatric surgery since 1990.

16 Q. As a general surgeon you trained, and did you treat
17 fractured femurs as part of your training in the period
18 prior to the time you did exclusively bariatric surgery,
19 sir?

20 A. Yes, I did. I did especially during my training at
21 Henry Ford Hospital where I rotated through orthopedics and
22 the trauma service.

23 Q. Prior to I believe it was this past Saturday, had you
24 and I ever spoken?

25 A. We had not.

James Sapala, M.D. - Direct
Mon./4-14-03/Vol. V

7

1 Q. Now, in all candor you are aware that -- you became
2 aware that I know your brother, the chief judge of the Wayne
3 County Circuit Court, but I do not know you, do I?

4 A. That is correct.

5 THE COURT: The former chief judge of the Wayne
6 County Circuit Court

7 MR. FIEGER: Correct.

8 BY MR. FIEGER:

9 Q. He is now the former chief judge of the Wayne County
10 Circuit Court?

11 A. Correct.

12 Q. Before that you and I had never spoken before?

13 A. No, we had not.

14 THE COURT: I was going to ask you if Mike was
15 your brother. He's a good judge.

16 BY MR. FIEGER:

17 Q. Before I ask you about your treatment of Kelly Smith,
18 what records have you reviewed in order to give testimony
19 today in court concerning your opinions and conclusions
20 regarding this case?

21 A. I have reviewed the emergency room records at Botsford
22 General Hospital, the Oakland County EMS transfer records,
23 the University of Michigan records, several depositions
24 including Dr. Schell, Dr. Loniewski, a Barbara Phelps, a
25 number of -- maybe six or eight depositions, as well as the

James Sapala, M.D. - Direct
Mon./4-14-03/Vol. V

8

1 autopsy report from the University of Michigan.

2 Q. Do you have opinions relative to this case as to
3 whether your patient was appropriately stabilized prior to
4 the transfer out of Botsford Hospital?

5 A. I do have an opinion.

6 Q. Could you tell me how it came about that you were --
7 that you agreed to or agreed to give testimony in this case?

8 MS. GALBRAITH: I'm going to object to the
9 question, Your Honor.

10 THE COURT: Objection sustained.

11 MS. GALBRAITH: Thank you.

12 BY MR. FIEGER:

13 Q. Were you just retained out of the blue to act as an
14 expert in this case?

15 A. I was contacted by Mr. Marc Lipton, and he asked me to
16 review this particular case from the perspective of the
17 treating physician.

18 Q. Okay. At some point did your review then go beyond
19 that in terms of what your opinions are? In other words,
20 did you confine your opinions only to that within the
21 treatment that you rendered to Kelly?

22 A. I did originally, but after reviewing the records given
23 to me I was, I was essentially amazed --

24 THE COURT: No, wait. No, I don't understand that
25 question, Mr. Fieger. Hold on a minute.

James Sapala, M.D. - Direct
Mon./4-14-03/Vol. V

9

1 MR. FIEGER: His testimony here is not, did not
2 arise out of the circumstances as counsel often --

3 THE COURT: No, just -- go to your next question
4 or repeat the question, then I'll see what --

5 BY MR. FIEGER:

6 Q. In terms of your review of the -- let me ask you it
7 this way. The circumstances relating to Kelly Snyder
8 Smith's death, did you come to opinions and conclusions
9 based upon your knowledge of his health and your prior
10 treatment of him that you felt were important to be told to
11 I guess Mr. Lipton?

12 A. Yes.

13 Q. You have described to us -- let's, let's talk about
14 something. In order to -- how did Kelly Smith come to you
15 to be treated by you?

16 A. I believe he had either a friend or a distant relative
17 who worked in the Infectious Disease Records Department at
18 St. John Detroit Riverview Hospital, and he was referred
19 because he was morbidly obese by that individual.

20 Q. By the way, you have reviewed the death certificate in
21 this case, am I correct?

22 A. I have.

23 Q. The death certificate and other documents make
24 reference to two co-morbidities, and you talked about
25 morbidities. Can you have a morbidity while you're live?

James Sapala, M.D. - Direct
Mon./4-14-03/Vol. V

10

1 A. Yes.

2 Q. Explain that to the Court and jury.

3 A. As an example, many of our patients have type
4 II diabetes. After gaining a lot of weight --

5 THE COURT: Well, wait. Define the word morbidity
6 for us so we'll understand.

7 THE WITNESS: Morbidity is a medical condition
8 that develops as a result of weight gain, and a typical
9 example in the morbidly obese patient is the individual who
10 develops type II diabetes or so-called adult onset diabetes
11 and what happens is a patient's weight increases and the
12 requirements for insulin increase and the patient cannot
13 make enough insulin so that individual ends up taking
14 insulin injections, and it's the high insulin level that
15 leads to problems with the eyes, problems with the kidneys,
16 losing one's toes, needing amputations. There are a whole
17 host of problems that develop because of hyperinsulinism,
18 and it goes back to the original weight gain.

19 Another example would be high blood pressure.
20 A number of our patients have high blood pressure that have
21 to be treated with medicine. That can result in an enlarged
22 heart, strokes or heart attack depending upon the severity.

23 Q. Now, in this particular case the death certificate and
24 other records list morbid obesity as a condition. You have
25 reviewed all of the records, have you not?

James Sapala, M.D. - Direct
Mon./4-14-03/Vol. V

11

1 A. I have.

2 Q. Did Mr. -- in this particular case did your patient
3 Kelly Smith die as a result of morbid obesity?

4 A. He did.

5 Q. I'm sorry?

6 A. Well, he died -- he had risk factors for dying from
7 morbid obesity.

8 Q. But in this case did he die of it, of morbid obesity?

9 A. He did not die of morbid obesity.

10 MS. GALBRAITH: Excuse me. I'm sorry, the witness
11 already answered the question. He just repeated it again so
12 it was asked and answered.

13 THE COURT: No, no, no, no, no. There's been
14 a lot of asked and answered. If I sustained -- everyone
15 objected every time that the question was repeated, both of
16 you would be standing on your feet consistently.

17 Go ahead.

18 BY MR. FIEGER:

19 Q. If he didn't die of morbid obesity, what did he die of?

20 A. He died of hemorrhagic -- hypovolemia, hemorrhagic
21 shock.

22 Q. Now, there's also another condition listed along with
23 morbid obesity. It's dilated cardiomyopathy. Just in
24 laymen's terms, what does that mean, Doctor?

25 A. A dilated cardiomyopathy is an enlarged heart that is

James Sapala, M.D. - Direct
Mon./4-14-03/Vol. V

12

1 in the process of losing its pumping action.

2 Q. Did he in this case die of an enlarged heart?

3 A. No.

4 Q. Did he have -- when you were treating him during life,
5 did he have those two conditions?

6 A. I would assume that he did because he had scarring from
7 a cardiomyopathy that was reported on the autopsy report.

8 Q. Did he have morbid obesity?

9 A. He had morbid obesity.

10 Q. Okay. What is an enlarged heart due to in this case?

11 A. It's due to not being able to pump the blood that
12 returns to the heart out into the tissues because the
13 pressures are very, very high, and this is related to the
14 patient's size. The patient was 500 pounds.

15 Q. Is there a direct relationship between the obesity and
16 the enlarged heart?

17 A. There is. In fact, it's very unusual to find a patient
18 who weighs 500 pounds who doesn't have an enlarged heart or
19 a cardiomyopathy.

20 Q. By the way, in terms of -- we have heard about
21 stressing the heart. In terms of -- did you ever operate on
22 Kelly Smith?

23 A. Yes, I did.

24 Q. What operations did you do on Kelly?

25 A. I performed an operation called a Roux-en-Y gastric

James Sapala, M.D. - Direct
Mon./4-14-03/Vol. V

13

1 bypass.

2 Q. And could you tell -- by the way, I think we probably
3 should go back at this point. Prior to doing the surgery on
4 Kelly obviously did you meet him?

5 A. Yes.

6 Q. Could you describe to us your impression of him as a
7 physician?

8 A. I remember Mr. Smith as being an obviously morbidly
9 obese African American male patient who presented with a
10 very significant comorbidity. A comorbidity which he
11 complained of which was most disabling to him was having a
12 tracheostomy or a condition related to his weight called
13 sleep apnea. In patients who have sleep apnea there is so
14 much fatty connective tissue in the back of the throat that
15 patients cannot exchange air so when they lie back to sleep
16 at night the tongue closes off the airway and they can
17 actually stop breathing. The term that we use is
18 asphyxiation.

19 So in 1997 Mr. Smith went to Beaumont Hospital and
20 had a hole put in his throat, a so-called tracheostomy, so
21 that the air wouldn't have to go down the nose and the
22 mouth, it could bypass the clogged area where all of this
23 fatty tissue was, and it would go directly to the lungs and
24 the throat. This was called a tracheostomy.

25 He was a relatively young person, 33 years of age,

James Sapala, M.D. - Direct
Mon./4-14-03/Vol. V

14

1 and it was his intent to ultimately get rid of the hole in
2 his throat. I remember him as being an energetic, vivacious
3 patient who appeared to be motivated and was looking forward
4 to correcting his weight so that his co-morbidities could be
5 improved.

6 Q. In what sense, beyond the sleep apnea, in what sense
7 does self-image have any motivating factor or any input
8 whatsoever from a psychological perspective in terms of
9 treating a patient such as Kelly?

10 A. Many of our patients are very stressed, very
11 despondent. Many of our folks have been heavy since a very
12 early age. It is in many individuals a genetic component.
13 Patients are shunned. We do know that many of our patients
14 will go from one doctor to the next because up until
15 recently the medical profession has not looked upon morbid
16 obesity as a distinct disease. It's only been since
17 Carney Wilson and Rosanne Barr and Al Roker have gotten the
18 Roux-en-Y procedure that most patients don't even know that
19 there is an operative intervention that can be successful.

20 So our patients are frequently very depressed,
21 have very low self-esteem. This is a last resort so they
22 come to us to save their lives or to give them their lives
23 back.

24 Q. As part and parcel of your treatment do you have
25 psychological profiles and histories done of the patients?

Andrea Smith, etc. v. Botsford General Hospital, etc.

James Sapala, M.D. - Direct
Mon./4-14-03/Vol. V

15

1 A. Yes, we do. Our protocol requires that every patient
2 have a psychological profile consisting of an MMPI, which is
3 a specific test, as well as an interview with either a
4 psychiatrist or a licensed psychologist.

5 Q. And in that test are, for instance, they evaluated for
6 the possibility of alcohol or drug abuse?

7 A. That is correct.

8 Q. Did Kelly have such a test?

9 A. He did.

10 Q. In terms of the MMPI, did you refer him to a
11 psychologist to have him evaluated for possible surgery?

12 A. I did.

13 Q. What was your understanding of whether he had any
14 history whatsoever of alcohol abuse or cocaine abuse?

15 A. I was unable to elicit a history of alcohol or cocaine
16 abuse, and the psychologist also was unable to get a history
17 of drug abuse.

18 Q. What do you mean he was unable?

19 A. Upon questioning, the patient denied that there was any
20 history.

21 Q. Now, by the way, in terms of the MMPI, do they also
22 rate patients for the possibility that patients are not
23 telling the truth on various things including past social
24 history with alcohol and drugs or a number of other things?

25 A. Yes.

James Sapala, M.D. - Direct
Mon./4-14-03/Vol. V

16

1 Q. And what was Kelly's evaluation in terms of his
2 truthfulness during the test as part of the MMPI?

3 A. That he appeared to be truthful and the history
4 reflected his behavior.

5 Q. As his treating physician, did you have any indication
6 whatsoever in terms of surgeries and the treatment that you
7 performed on him that he was in any way, shape or form a
8 drug abuser?

9 A. I did not.

10 Q. By the way, you have read these records. If someone
11 should suggest, like a Dr. Dragovic --

12 MR. FEIKENS: Objection.

13 THE COURT: Wait a minute, wait a minute. Start
14 your question over again. Forget the personality.

15 BY MR. FIEGER:

16 Q. Okay. If somebody should suggest that your patient's
17 enlarged heart was due to drug abuse rather than the
18 obesity, what's your response to that?

19 A. I --

20 THE COURT: Wait a minute. Go ahead.

21 MS. GALBRAITH: Thank you. I'm objecting to the
22 question.

23 THE COURT: Why?

24 MS. GALBRAITH: Because I feel that the
25 question --

James Sapala, M.D. - Direct
Mon./4-14-03/Vol. V

17

1 THE COURT: Based on the record made thus far and
2 the questions you have asked, the objection is overruled.

3 MS. GALBRAITH: Thank you.

4 BY MR. FIEGER:

5 Q. Go ahead, Doctor.

6 A. It's been my experience treating bariatric patients
7 since the 1970's that if a 500-pound patient has
8 cardiomegaly in the absence of drug history I would look
9 upon the obesity as being the reason for the cardiomegaly.

10 Q. By the way, there is also some reference in the autopsy
11 to interstitial fibrosis. What is that?

12 A. That's a scarring from the cardiomyopathy, which is a
13 result of the obesity.

14 Q. Okay. Have you seen any evidence in terms of your
15 review of this case that would change your mind concerning
16 your patient's heart and the cause of his enlarged heart?

17 A. I have not.

18 Q. Could you describe to us, Doctor, the surgeries that
19 you -- well, strike that.

20 In terms of the surgeries actually performed,
21 would those be what I guess would be called stressors on the
22 heart, in other words, would they be good predictors of the
23 relative strength of Kelly's heart and how damaged or
24 diseased it was in your opinion?

25 A. Yes, it would.

James Sapala, M.D. - Direct
Mon./4-14-03/Vol. V

18

1 Q. Describe, please, that to the Court and jury.

2 A. The operation that we do, it's called a Roux-en-Y
3 procedure, and roux is r-o-u-x. It's a French word that
4 means route. It's the same operation that Rosanne Barr had
5 and Carney Wilson and Al Roker.

6 THE COURT: Who is that third person?

7 THE WITNESS: Al Roker, the weather man. He's on
8 TV on the morning show.

9 MR. FIEGER: The Today Show, I believe. He's the
10 weather man for The Today Show.

11 THE COURT: Okay. I don't watch that show.

12 THE WITNESS: In the Roux-en-Y procedure what we
13 do is we divide the stomach into two parts, a very small
14 upper part about the size of a grape and continue the
15 intestine from the bottom of the stomach. Then into the top
16 part of the stomach, which is about the size of a grape, we
17 bring up the little intestine and attach it to that. So
18 food will come down the esophagus, it will go into that
19 little tiny pouch, then go into the little intestine,
20 bypassing the stomach and two or three feet of small
21 intestine.

22 The results are very, very good because with
23 a small pouch patients can't eat a lot, and with the bypass
24 component many of the calories folks eat cannot be absorbed.
25 There is a malabsorption component. Also with the gastric

James Sapala, M.D. - Direct
Mon./4-14-03/Vol. V

19

1 bypass patients cannot tolerate sugar. If they eat sugar,
2 such as pop or candy or ice cream, the majority of them get
3 sick so they have to change what they eat.

4 So it is the Roux-en-Y procedure that
5 combines the control of the volume, the control of the sugar
6 and the control of calories. When we put all three
7 together, about 90 to 95 percent of our patients get to
8 within 25, 30 percent of their ideal weight in a period of
9 about two years. That is the operation that was offered
10 Mr. Smith.

11 Q. And did he have that operation?

12 A. He did.

13 Q. When did he have that?

14 A. He was operated on in May of 1998.

15 Q. That was approximately just, unfortunately, a little
16 less than five months before he died?

17 A. Correct.

18 Q. Assume -- what, explain -- assuming he had the
19 operation only five months before he died and you referenced
20 two years, did he even have a chance to have that operation
21 be successful in terms of losing the desired weight and
22 getting to this 90 to 95 percent within 20 percent of body
23 weight?

24 A. What happened with Mr. Smith, unfortunately after his
25 Roux-en-Y procedure, which was technically very successful,

James Sapala, M.D. - Direct
Mon./4-14-03/Vol. V

20

1 six days later he was involved in a situation where he
2 disrupted his wound. I don't know if it was from a cough or
3 being bounced around in a motor vehicle, but it wasn't
4 really an accident, but he came into the emergency room with
5 his intestine coming through the wound. This was six days
6 after his original procedure. So we took him back to the
7 operating room and had to put him back to sleep, put the
8 intestine back, and then reconstruct his anterior abdominal
9 wall.

10 So within a period of about a week he had
11 back-to-back surgeries. So he didn't have time to get a
12 really good result because it took quite a while to recover
13 from his second surgery.

14 Q. Notwithstanding that, you mentioned two years. He
15 would have only been just several months into this
16 procedure. What would you have expected, if he was part of
17 the 90 to 95 percent, how would the next 18 months to
18 two years go for him?

19 A. Well, again, this is a statistical analysis. Not
20 everybody who has the Roux-en-Y procedure is successful, we
21 do have an occasional failure, but we don't try to make any
22 statements in terms of ultimate weight loss until we are
23 well beyond 18 months. We have had some folks who have lost
24 no weight in the first year and lost all of their weight in
25 the second year, and conversely, we have had folks that lost

James Sapala, M.D. - Direct
Mon./4-14-03/Vol. V

21

1 all of their weight in the first eight months and then
2 plateaued out and didn't lose any more at all.

3 So we usually reserve any prognostication, any
4 prediction on the success until at least 18 months after
5 surgery, and unfortunately in Mr. Smith's case we could only
6 follow him for five months.

7 Q. Based on the fact that within five months Mr. Smith was
8 still within the range of 500 pounds, does that mean that he
9 would not have been successful?

10 A. No, it does not.

11 Q. Describe to us then how having to undergo those
12 two separate surgeries in your opinion gives you some
13 indication about the strength of his heart?

14 A. The Roux-en-Y procedure that we use, unlike some of the
15 gastric bypasses that are done today, the one that we do
16 requires a big incision. It's about 15 to 16 inches long.
17 The reason is we have to go in there and by hand sew that
18 little pouch to the intestine. It can't be done using
19 laparoscopic instruments.

20 As a consequence, it's a major, major
21 intervention. It's requires a general anesthetic, and in
22 this case we put in a Horatio filter, which is a filter to
23 prevent a blood clot from dislodging in the leg and getting
24 into a lung because we know a number of real heavy patients
25 can develop a blood clot after an operation. It also

James Sapala, M.D. - Direct
Mon.7/4-14-03/Vol. V

22

1 required the placement of IV's and special instruments that
2 we had to use.

3 So it's a big procedure. It's not a minor
4 operation. That coupled with the fact that we had to go
5 back six days later for another general anesthetic, more
6 IV's, another hospitalization, it put us in a good position
7 to test the integrity of the heart muscle.

8 Q. And how did he do?

9 A. He did very well.

10 Q. And could you please tell the Court and jury what your
11 opinion would be as to the relative integrity of his heart
12 to withstand the two procedures such as you described?

13 A. Even though we would expect that these folks have
14 cardiomegaly, and he did on the autopsy and he did have some
15 scarring, apparently he had enough cardiac or heart reserve
16 being at the age of 33 that he could go through these
17 two procedures really without flinching.

18 Q. Now, I want you to assume that the record in this case
19 shows that he had a prior bout with what's called congestive
20 heart failure. Did that mean that his heart was forever
21 going to be failing?

22 A. Again, it's another warning sign. It's a sign that the
23 heart is working and cannot pump the blood coming back to it
24 as quickly as it should so the fluid backs up into the lungs
25 and the patient can't breathe. That and the sleep apnea

James Sapala, M.D. - Direct
Mon./4-14-03/Vol. V

23

1 told us that he needed to get his weight down. Those are
2 warning signs, and if we can get to our patients early
3 enough before they have a heart attack or before they go
4 into intractable congestive heart failure, then a lot of our
5 patients are salvageable.

6 Q. Assuming that Kelly was one of the 90 to 95 percent at
7 age 33, would you expect him to have problems again if he
8 lost the weight?

9 A. If he got to within 20 percent of ideal body weight,
10 it's been our experience that folks do very well.

11 Q. By the way, if Kelly was lucky enough, I don't know if
12 it's luck, but part of the 90 to 95 percent success rate
13 that you indicate occurs with this surgery in terms of
14 losing weight, what would you expect his life expectancy to
15 be then assuming he loses the weight within 20 percent of
16 ideal body weight?

17 A. If he lost weight, he would have an essentially normal
18 life. We don't operate on them for obesity. We operate on
19 them for their comorbidities that result from being obese.

20 Q. In Kelly's case that was what?

21 A. He had sleep apnea, congestive heart failure,
22 cardiomyopathy. All of the potentially life-threatening
23 problems that down the line can get him into trouble.

24 Q. Earlier you mentioned that it was your opinion that he
25 did not die of an enlarged heart or obesity. You said

James Sapala, M.D. - Direct
Mon./4-14-03/Vol. V

24

1 hemorrhagic shock. What in your opinion -- why do you say
2 that? Why is it your opinion that Kelly died of hemorrhagic
3 shock?

4 A. I think one has to go back to the, the automobile
5 accident, the transfer to Botsford Hospital, and I think you
6 have to start at that level and take a look at the clinical
7 continuum that took place from the time he was in the
8 emergency room at Botsford to the time that he had his
9 cardiopulmonary arrest in the ambulance.

10 Q. What does that show you, Doctor?

11 A. Well, it tells me that he was in a situation where the
12 circulating blood volume in his body was depleted over time.
13 Certainly when he arrived to Botsford he was in a "fairly
14 stable" situation, at least the record reflects that, but
15 then over a period of about three hours there was a
16 deterioration in his clinical condition that ultimately led
17 to the cardiopulmonary arrest.

18 Q. Was he stable at the point that he was transferred from
19 Botsford Hospital?

20 A. He was not.

21 Q. Do the medical records and the records from the EMS
22 document that instability in your opinion?

23 A. Yes, they did.

24 Q. If we only look at -- I'd like to look at two records.
25 The last page of the nurse's note from Botsford Hospital,

James Sapala, M.D. - Direct
Mon./4-14-03/Vol. V

25

1 have you seen that?

2 A. Yes, I have.

3 Q. Documenting times of 4:30 and 5:05. Would, assuming
4 the injury to his leg --

5 By the way, was he bleeding externally or
6 internally or both?

7 A. Both.

8 Q. A documented blood pressure at 4:30 -- excuse me, pulse
9 of 132, respirations 32, and blood pressure of 76 over 55,
10 in a man who suffered this injury after an hour and-a-half
11 in the hospital is this a sign of stability or instability?

12 A. It's a sign of instability.

13 Q. Why?

14 A. The patient has decreased circulating blood volume.
15 First of all, he has a pulse rate that's 130, which is very
16 high, and that is consistent with a blood pressure that's
17 very low. And what the body does to try to compensate for a
18 low blood pressure is to have the heart pump faster, and
19 this is consistent with not enough volume of blood in the
20 body to maintain profusion to vital organs.

21 Q. 5:05, a pulse of 133, respirations 32, blood pressure
22 is 71 over 38. Is that indicative of stability or
23 instability in this person?

24 A. Instability.

25 Q. Why?

James Sapala, M.D. - Direct
Mon./4-14-03/Vol. V

26

1 A. In spite of the fact that he was given fluids, I think
2 he was given some crystalloid, the other fluids I'm not
3 sure, but he had some crystalloid, if the volume depletion
4 were not significant, the fluid replacement could bring up
5 the blood pressure and slow the pulse, but here we have
6 two separate readings just before his transfer and
7 apparently whatever therapy was given to the patient didn't
8 make a difference in his vital signs.

9 Q. By the way, I want you to assume that during this
10 period of time he was at Botsford Hospital for a period of
11 at least 2 hours and 45 minutes he had no urine output. Is
12 that consistent with hemorrhagic shock?

13 A. Yes, it is.

14 Q. Explain to the Court and jury why.

15 A. Well, that's very serious because what happens, what
16 the body does in order to maintain profusion to the
17 two vital organs, it draws blood from other areas, and the
18 two organs that need to be maintained for life are, number
19 one, the heart and, number two, the brain, and what the body
20 will do, it will shunt blood away from all of the other
21 organs. His skin gets real cold because we don't need to
22 have a warm skin to live. It will shunt blood from the
23 kidney because you really don't have to urinate to live, but
24 you've got to have blood to the brain.

25 So in this case all of that blood was being

James Sapala, M.D. - Direct
Mon./4-14-03/Vol. V

27

1 shunted to the vital organs, and it tells us that there
2 wasn't enough volume left to profuse the kidneys so the
3 kidneys stopped making urine. It's all right for a while,
4 but if the kidneys are deprived for more than several hours,
5 then the kidneys go into what we call renal shutdown and
6 they stop functioning.

7 Q. In the face of all of the symptoms that we discussed
8 just a moment ago and the complete lack of urine, is that
9 indicative of stability or instability, Doctor?

10 A. Instability.

11 Q. Doctor, do you have knowledge, because it's been talked
12 about here in this case, of Kelly's hemoglobin level?

13 A. I do.

14 Q. Tell the Court and jury what hemoglobin is within the
15 blood. We all know that it's a test of the blood.

16 A. Hemoglobin is reflective of how many red blood cells
17 you have in your blood stream, and red blood cells carry
18 oxygen. If you have decreased red blood cell mass, then
19 your oxygen level goes down.

20 After the second operation that I performed on
21 Mr. Smith, his hemoglobin level after the second surgery was
22 14 grams. This is a man who probably walked around with 15
23 or 16 grams of hemoglobin, which for him would be adequate.

24 Q. Doctor, what would then be the significance if he had a
25 normal -- what did you say his normal was after an

James Sapala, M.D. - Direct
Mon./4-14-03/Vol. V

28

1 operation?

2 A. After his operation we know that his hemoglobin level
3 was 14.

4 Q. What's the significance then if a half hour after he
5 came into the hospital he tests with a hemoglobin of 11.6?

6 A. Well, that's almost a 20 percent decrease.

7 Q. What does that mean, Doctor?

8 A. It tells me that in the first half hour after the
9 automobile accident that he's had a significant blood loss.

10 Q. Doctor, by the way, I want to skip just a little
11 forward, are you aware when he got to the U of M, and I want
12 you to assume that he coded in the ambulance, in essence his
13 pupils were fixed and dilated, but nevertheless at the U of
14 M they attempted some life-saving procedures and they took a
15 hemoglobin test. What was his hemoglobin at the U of M, if
16 you know?

17 A. I believe it was 9.6.

18 Q. Okay. Do you know when the hemoglobin was taken, sir?

19 A. I think it was taken shortly after he arrived to the
20 University of Michigan ER.

21 Q. I want you to assume that his hemoglobin was taken at
22 7:00 and that prior to his hemoglobin being taken the
23 University of Michigan Hospital gave him three units of
24 blood. My first question is, what is a unit?

25 A. A unit is what we call actually a pack cell. That's

James Sapala, M.D. - Direct
Mon. 7/4/03/Vol. V

29

1 about a half a liter, and it consists mostly of red blood
2 cells plus some plasma.

3 Q. Okay. I want you to assume that they gave Kelly
4 three units of blood at 6:55, then tested his hemoglobin,
5 which was 9.6. What conclusions can be drawn from that
6 scenario, sir, taking into account the 11.6 at 3:30, your
7 knowledge of what his normal hemoglobin is, and then the 9.6
8 after three units of blood?

9 A. The three units of blood was not enough to keep up with
10 the blood loss. If he originally had a hemoglobin level of
11 11.6 and things were stable, after three units of blood his
12 blood should be up to 14, but after three units of blood
13 here it appears that, instead of going up, the blood level
14 actually went down.

15 Q. Were you able to opine -- if the hemoglobin is 9.6
16 after they give him three units, what was it before?

17 A. Well, it may have been 6 or 5.

18 Q. What would that indicate in terms of whether this man
19 had been -- in terms of life-sustaining ability of blood
20 volume?

21 A. This man was exsanguinating.

22 Q. Tell the Court and jury what exsanguinating means.

23 A. He was bleeding to death.

24 Q. Finally, there is a record here for the ambulance
25 paramedic, Amy Ellison, at 5:30 indicating an inability to

James Sapala, M.D. - Direct
Mon./4-14-03/Vol. V

30

1 obtain blood pressure. Is that significant in terms of
2 stability?

3 A. Yes, it is.

4 Q. Why?

5 A. There's not enough circulating volume to create a pulse
6 that you can pick up with a stethoscope or that you could
7 measure in terms of systolic or diastolic blood pressure.

8 Q. How about a pulse rate of 120, labored respirations of
9 34, cold, dry and pale skin, and 93 pulse ox, are those
10 significant in terms of stability?

11 A. Yes, they are.

12 Q. What are they, Doctor?

13 A. First of all, if we could take them one by one, we have
14 a continued low blood pressure and we have a high heart
15 beat, heart rate. That means that the amount of volume,
16 circulating blood volume is still depleted. Increased
17 respirations, since the red blood cells are very low and
18 they are carrying oxygen, it takes more effort breathing
19 wise to get more air in to try to oxygenate. His skin cool
20 or cold and dry, he was shunting all of the blood to
21 maintain vital organs, into the brain, into the heart.

22 Q. At this point I want you to assume the records show
23 that he was bleeding copious amounts of blood oozing from
24 both wounds. Is that significant in terms of hemorrhagic
25 shock?

James Sapala, M.D. - Direct
Mon.7/4-14-03/Vol. V

31

1 A. Yes, it is because the sort of hemorrhage is continuing
2 in spite of whatever the attempts were to control external
3 bleeding.

4 Q. Now, we have discussed a record at 4:30, 5:05, and
5 5:30. In terms of a continuum, is this a continuum of
6 stability or instability, Doctor?

7 A. Instability.

8 Q. Is he going up or going down?

9 A. He's going down.

10 Q. Doctor, finally at 5:45 I want you to assume that he's
11 in Botsford Hospital but on the floor of an ambulance, he's
12 still on the grounds. He's got a 120 pulse rate, 38 now
13 labored respirations, still cold, dry and pale skin, and
14 still a 93 pulse ox. Is that significant in terms of
15 stability?

16 A. It reflects an unstable state.

17 Q. Doctor, virtually within 10 minutes after leaving the
18 hospital what do the records reflect in terms of his
19 decline?

20 A. His blood pressure continued to spiral downward, and
21 it's my understanding that it was unobtainable in the
22 emergency vehicle. His respirations became more labored.
23 They were unable to control the external hemorrhage in the
24 ambulance, and it was a gradual deterioration of all of his
25 vital signs and ultimately led to a cardiopulmonary arrest.

James Sapala, M.D. - Direct
Mon./4-14-03/Vol. V

32

1 Q. When you say gradual, how gradual was it?

2 A. Well, it was really -- it really started sometime in
3 the emergency room and then continued to about 6:10 or 6:12,
4 very close to Ann Arbor.

5 Q. At any point before he died was he ever in a stable
6 condition? Let's start beginning at 4:30.

7 A. 4:30 onward, I doubt it. When he first hit the
8 emergency room and he was assessed, he had a tachycardia, he
9 had a little hypothermia, his temperature was down a little
10 bit, he did have a pulse rate that was elevated a little
11 bit, but at that time he was not in hemorrhagic shock,
12 although he was being stressed.

13 Q. Without giving him blood, could he have been
14 stabilized?

15 A. No.

16 Q. There is a record in the autopsy that he had
17 31 nanograms of cocaine in his blood, not his urine. Would
18 you tell us the medical significance of that in Kelly?

19 A. That would be a trace of cocaine. We -- I have spoken
20 with our Department of Anesthesia at the hospital where we
21 do the gastric bypass surgery, and we know that patients who
22 have 300 nanograms per ML are not good candidates for
23 elective surgery and they are cancelled. The 31 nanograms
24 percent is very low and would be considered a trace amount.

25 Q. How about alcohol, the alcohol?

James Sapala, M.D. - Direct
Mon./4-14-03/Vol. V

33

1 A. Alcohol was 110 and that translates to .08 if you know
2 the formulas, so he's not legally drunk. That's some
3 alcohol in the blood but not a significant amount.

4 Q. I want you to assume that the records show a continuing
5 agitation, confusion, and combativeness. Is that
6 significant in terms of hemorrhagic shock?

7 A. It is.

8 Q. Tell us, is there a relationship?

9 A. There is a relationship. Patients don't become what we
10 call somnolent, they become restless. They develop a
11 paroxysm, which means an opposite of shock. Instead of
12 going to sleep, you actually become more animated. That has
13 to do with a release of adrenaline because the body wants to
14 keep alive. Patients become diaphoretic. Even though the
15 skin is cool, it feels clammy, that all has to do with the
16 release of more adrenaline. This is all consistent with
17 decreased circulating volume.

18 Q. You have talked with Kelly, and you have discussed with
19 us some of the medical conditions that he wished to improve
20 by undergoing the surgery. Did he also discuss with you his
21 aspirations and goals beyond just his medical condition?

22 A. From what I remember, he wanted to get his life back
23 and he wanted to move on. I know as a child he had been
24 belittled for a number of years. In terms of actually any
25 specifics, I don't recall discussing with him any particular

James Sapala, M.D. - Direct
Mon.7/4-14-03/Vol. V

34

1 aspirations.

2 Q. How about family support?

3 A. My understanding is he had good family support, sister,
4 and certainly there was nothing in his history that would
5 lead me to believe that the family was unsupportive.

6 Q. By the way, finally, in terms of the surgery that you
7 performed on him, does that in and of itself require some
8 self-motivation and some courage to undergo that for the
9 patient? I mean does the desire in and of itself present
10 that or did you observe that?

11 A. Well, it does. Certainly because when we go from the
12 size of a football, which is about an 11 or 12 hundred CC
13 stomach to the size of about 1 or 2 CC's, that requires a
14 tremendous modification of one's behavior. Not everybody,
15 even five, six hundred-pound patients, are willing to
16 undergo that behavior modification. It's a big step, and it
17 takes a highly motivated patient, and unfortunately most of
18 our patients have tried everything else, but they haven't
19 been successful.

20 Q. You discussed that his sutures broke, and you were
21 required to operate --

22 THE COURT: Are you going to a new subject?

23 MR. FIEGER: I can finish, Judge, before the clock
24 turns 1:00.

25 THE COURT: All right.

James Sapala, M.D. - Direct
Mon./4-14-03/Vol. V

35

1 BY MR. FIEGER:

2 Q. You discussed a second surgery where stitches broke.

3 Was that a difficult surgery and recovery for this man?

4 A. Well, it was. It was very interesting though. When he
5 separated his incision because of being bounced around in an
6 automobile, when the intestine along with the colon came out
7 through the muscle, it caught on one of our staples that we
8 had put in the week before and for the colon. So we had to
9 repair the colon and then put all of the intestine back in,
10 take all of the staples out, and then put in these huge
11 retention incisions, which we actually put in with a sewing
12 needle with fish line. It's that thick. So our sutures are
13 about this big, and we had to put in eight of them. Then we
14 had to put the rubber stoppers in so it really looks like
15 the patient has a lobster tail.

16 Q. Were you able to close him up?

17 A. We were able to close him up, but not completely, we
18 were able to close the muscle up, because with the torn
19 colon and with the fecal contamination if you close them
20 they will be abscessed.

21 Q. So how long was his recovery post this surgery?

22 A. I'm sure it was several months.

23 Q. In all likelihood by October was Kelly simply at the
24 point where he was just getting over this second surgery?

25 A. I believe so.

James Sapala, M.D. - Direct
Mon. 7/4-14-03/Vol. V

36

1 **MR. FIEGER:** Thank you, Your Honor.

2 **THE COURT:** Okay. 9:00 tomorrow morning. Keep
3 your mouths closed, your ears plugged, your eyes open.
4 Don't talk about this case to anyone. Don't let anyone talk
5 to you about it. Think about the Wings, what they are
6 thinking about tonight. See you tomorrow morning.

7 (Jury out at 1:00 p.m.)

8 **THE COURT:** Mr. Fieger?

9 **MR. FIEGER:** Thank you.

10 **THE COURT:** 9:00 tomorrow morning.

11 (Proceedings adjourned at 1:00 p.m.)

12 (End of excerpt.)

13 - - -

14 C E R T I F I C A T I O N

15 I, Sheri K. Ward, official court reporter for
16 the United States District Court, Eastern District of
17 Michigan, Southern Division, appointed pursuant to the
18 provisions of Title 28, United States Code, Section 753,
19 do hereby certify that the foregoing is a correct **excerpt**
20 of the proceedings in the above-entitled cause on the date
21 hereinbefore set forth.

22

23

24

25

James Sapala, M.D. - Direct
Mon./4-14-03/Vol. V

1 I do further certify that the foregoing
2 transcript has been prepared by me or under my direction.
3

4 Sheri K. Ward
5 Sheri K. Ward, RPR
Official Court Reporter

6 4-28-03
7 Date
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25